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WHAT IS CLAIMED IS:

1. A circuit board comprising:

a terminal portion connected with an external terminal formed in an external circuit, said terminal portion provided with a nickel plating layer and a soldering bump;

wherein a thickness of said nickel plating layer is within a range of 1.0 to 4.0 $\mu\,\text{m}\,.$

- 2. A circuit board according to Claim 1, wherein said soldering bump contains tin and at least one of silver and copper.
- 3. A circuit board according to Claim 1, wherein said soldering bump contains tin, silver and copper.

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- 4. A circuit board according to Claim 1, wherein said circuit board is a circuit-provided suspension substrate.
- 5. A connection structure for connecting a terminal portion. 20 of a circuit board with an external terminal formed in an external circuit, wherein said terminal portion is provided with a nickel plating layer and a soldering bump provided on said terminal portion and a thickness of said nickel plating layer is within a range of 1.0 to $4.0\,\mu\,\mathrm{m}$.